

SEND Newsletter

Autumn 2

The SEND workshops this term have focused on Autism, Anxiety and Sensory.

Autism and Sensory are very closely linked. Quite often, people with Autism experience sensory differences. They may be over-sensitive or under-sensitive to sights, smells, textures or sounds.

There are lots of strategies to support children with this and it is important to recognise individual preferences. For example, bouncing on a trampoline can help some children whereas others do not like the feeling. It is always important to remember that every child with Autism and/or sensory difficulties are different.

Roots to Branches are launching a Sensory Resource Library this month. This enables families to try out different sensory resources with their children.



If your child has Autism, below is a selection of books which may help them have a better understanding of Autism as often children may struggle with their new diagnosis.

- Different not less by Chloe Hayden—A neurodivergent's guide to embracing your true self and finding your happily ever after.
- Dragon and his friend. A Dragon book about Autism by Steve Herman
- Happy being me by Elaine Hamilton
- The superhero Brain: Explaining autism to empower kids by Christel Land



Support for parents of children with Autism:

CASS (Community Autism Support Service) - They offer face-to-face group sessions in Nuneaton for parents of children who are diagnosed with Autism or awaiting assessment as well as support for children. They can be contacted by telephone on 024 76 012333 or navigation@casspartnership.org.uk. Their website is <http://casspartnership.org.uk>

ASD Bright Ideas— They offer a range of visual support for the home environment.

The next Stockingford SEND Family Meeting is being held on Friday 2nd February 2024.

Please note, following feedback, the session will now run for longer. The timings are 1:15—3pm.

The focus for our next session is Dyslexia.